



ARIES (March 21-April 19): There are limits to what you can control, in your own home or the outside world. The one thing within your control is yourself. Though you cannot control people, you might be able to find a compromise that works for everyone.

TAURUS (April 20-May 20): You might be feeling like a child in a candy store. Be wary of people whose moral compass might not always point true north. You could be more gullible than usual right now so stay vigilant when meeting new people.

GEMINI (May 21-June 20): Many people know someone who knows someone who can get the job done. If you pay attention, you can become the person everyone calls when they need assistance. Make connections and you could gather favors to aid you in the future.

CANCER (June 21-July 22): If you walk away from the card table, you will lose your bet no matter what hand you have. You have to keep playing the game if you want the chance to win. Do your best to finish what you start, and you can reach your goal.

LEO (July 23-Aug. 22): Hiding the facts always comes back to bite you; remain truthful. It might be wise to avoid romantic escapades for now. The latest gizmos and gadgets could catch your eye if you are fascinated by the new and unusual.

VIRGO (Aug. 23-Sept. 22): Change may not always be dramatic. Before you sell everything and start all over in a new place, take a look at the small things you can do to improve your current situation. Great civilizations were not built in just one day.

LIBRA (Sept. 23-Oct. 22): The excitement of projects can fade and the urge may arise to abandon them to search for something new and interesting. Do not discard what you have done; instead take a step back and give things another look.

SCORPIO (Oct. 23-Nov. 21): The changing seasons can mean more than just rotating your wardrobe. Consider taking things in a brand-new direction; let your perspective change with the weather. A new outlook could lead you to a shiny new outcome.

SAGITTARIUS (Nov. 22-Dec. 21): You may have rituals you perform before undertaking a new task; things that can help you clear your decks. Be sure you are not using them as distractions; focus on completing the project at hand.

CAPRICORN (Dec. 22-Jan. 19): Lessons of history are not just about wars or politics. Look for the patterns in your work or relationships and discover repeating issues that need working through. Expand on the good and avoid enlarging the bad.

AQUARIUS (Jan. 20-Feb. 18): The ones who think up the get rich quick schemes might not be anything more than hustlers trying to sell their newest book or masterclass. Avoid chasing the latest fads and work to achieve your goals through steady and disciplined work.

PISCES (Feb. 19-March 20): Spinning the facts to affect the outcome in your favor may not hold up to someone's questioning. Remain truthful to avoid a conflict. Try not to make any impulsive changes or become entangled in a complicated scheme right now.

Helen Marketti's Music Corner

By Helen R. Marketti



An Interview with Rodney O'Quinn of FOGHAT

Sonic Mojo is a new album from FOGHAT that will be released on November 10. Bass player, Rodney O'Quinn shares his thoughts about his start in music, the new album and the longevity of FOGHAT and playing with Roger Earl. Roger is the original drummer for FOGHAT and is the driving force that keeps the band going. The current line up is Bryan Bassett (guitar), Scott Holt (vocals, guitar), Rodney O'Quinn (bass) and THE Roger Earl (drums).

"I went through a crazy period when I was young," explains Rodney. "I was interested in all of the artists that were advertised on K-tel Records. Then I jumped from that to KISS Alive. I thought that was so cool. About that same time, I was listening to FOGHAT Live and that's when I started becoming interested in playing the bass. I would actually try to emulate the sound of the band and sometimes played my "air guitar". Then I ended up playing with them later in life."

"I started playing the bass guitar out of necessity. My best friend had gotten a guitar and joined a band with three brothers. They asked me to join and asked if I could play bass and that's how it started. So, I asked my parents if I could get a bass guitar. To be honest, I just wanted to be part of what my best friend was doing. But playing the bass actually stuck and stayed with me."

Rodney continues, "I had left music for a while and got a real job as they say. I was a windows and doors salesman in the construction business and I still do so to this day. But in 2007 a friend had mentioned that Pat Travers was looking for a bass player and the transition to join his band went pretty smooth. I was with the Pat Travers Band from 2007 to 2015. I overlapped a little because in 2015, I joined FOGHAT. Craig MacGregor who was the long-time bassist for FOGHAT was having health problems and could not continue with the band. Craig would tell Roger Earl, "Rodney is a mini-me" and felt that I would be a good fit with the band. I have been with FOGHAT ever since."

The new album, Sonic Mojo has 12 tracks which will be released on November 10. Fans are going to love the mix of these songs which most definitely have the FOGHAT feel and sound. "FOGHAT was established in 1971. Roger Earl is the original drummer and he is the main reason that the band has endured over 50 years. He loves playing. This new album reflects the longevity of the band and the history of its musicians," explains Rodney.



FOGHAT has a new wine on the market called FOGHAT Cellars. "You can order the wine from the FOGHAT website," said Rodney. "It was Roger's idea He met with a wine maker in the Sonoma, California area and together they created this great wine."

Fans recognize FOGHAT's hits from their early days such as Slow Ride, Fool for The City and many more! The hits from the early days as well as new material make for a rockin' show that fans of all ages will enjoy. Rodney has lasting thoughts for fans who attend their shows. "We are all fans of FOGHAT. We are not reinventing the wheel. Our shows have positive energy and everyone has fun. It's all about the music."

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